

NOVEMBER 2020, ISSUE NO.1

SIMPLY IMMACULATE

The official e-newsletter of the Immaculate Conception High School
powered by the I.C.H.S Journalism Club and Prefect Council

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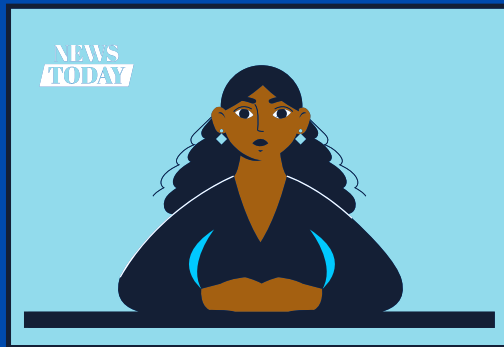
Keep simple things simple.

– Sr. Angella Harris

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Message from the Editors

Welcome back to another school year! As we travail through these unprecedented times together, the Journalism Family would love to introduce you to this inaugural edition of our newsletter.



In a season of uncertainty, fear, and doubt, we wanted to bring a sense of normalcy back to the school and thus our school's newsletter was born. We would like to extend our tremendous gratitude to the Prefect Council for collaborating with us on this venture as well as the staff members and students who have contributed immensely. We could never forget Mrs. Holmes, our faculty advisor as well as the principals and Mrs. Thorpe who worked assiduously with us to make this dream a reality. In this edition we showcase the ins and outs of the school. The captivating aspects. The parts that make us who we are as Immaculites. We hope that you enjoy this edition. So, it is with great pleasure that we request of you to sit back, relax and enjoy the read.

Want to join the journalism club? Here is the classroom code: b63lkho

Romans 8:18

"For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us."

THIS MONTH:

Get to Know
Your New
Principal

Messages from
the Head Girls,
Student Council
and Peer Council
President

How to Cope
with
Disappointment
by Miss
Immaculate

Messages from
Departments
and Clubs



GET TO KNOW YOUR NEW PRINCIPAL

Mrs. Stacey Reynolds



What was your best subject in school?

My best subject was history. I loved my history classes because we got to have discussions and as much as I am an introvert, I also love to talk.

Which sports did you participate in?

In high school, I was great at netball. I was selected for the team and went to many sessions with them.

What are some of the best rumours you've heard about yourself from students?

I didn't like sneakers before going to Montego Bay. However, I developed a knee problem during work out and as a result, I started wearing sneakers for comfort. The rumor was that I started wearing sneakers because I used to chase students a lot. They even said that they saw me chasing students on the hill. Another rumour was that I have a different coloured pair of sneakers for every outfit, and whenever I changed into sneakers, I meant business. That wasn't true. I just wore sneakers because of my injury. There was a third rumour that in my four years at Mount Alvernia, I never repeated clothes. However, you just have to know the little tricks to the trade.

What were you most known for at school?

I was bright but quiet. I was an introvert, didn't have a lot of friends and stayed by myself a lot.

What schools were you at before Immaculate?

I started out as a librarian at St. George's College then I taught for 21 years there. I then spent 4 years and 8 months as principal at Mount Alvernia High School.

What are some recognitions or achievements you have received?

At the end of my tenure at Mount Alvernia High, for little girls to look at me and say they wanted to be like me when they grew up, meant a lot. The way they described me and the way they saw me in the short space of time that I was there was very special to me. I remember one student in grade 9 who wrote me something that I later framed, which said that I taught her what it was like to be a lady. Not to be soft, but to be strong because typically they are told that ladies must be soft and behave a certain way, but I took it out of that box. That made it very hard for me to walk away from them, for them to tell me the words 'Miss I love you' is the biggest recognition of my life so far.

Another recognition was within the four and a half years at Mt. Alvernia, when the principals of the high schools in St. James had a surprise party for me. For my colleagues in the profession to do something like this for me and to look at me and say 'You made us better' or 'You made our jobs as principals better, was really touching.

Which schools did you attend?

Merl Grove High School and St. Aloysius Primary School.

What is your favourite book?

Becoming by Michelle Obama. I liked this book not because of the writing style but because she came out of that stereotypical box of what a president's wife should look like, should be like, should behave like. I like that she was very fashionable and wasn't this stiff looking lady that made you wonder if you could be like her. For me, she came off real. She seems like a real woman that I could relate to. We saw her dancing, laughing and just being real. So to read her story of how she got to where she got to, of how she went through a lot of the things that she went through, made me admire her as a black woman.

What is your most memorable pastime?

At this point in my life, my hobby is shopping. I love shopping and taking a book, sitting in front of my television, having a shower and just sitting down until I fall asleep.

FIVE FUN FACTS ABOUT OUR PRINCIPAL

- Mrs. Reynolds is very fashionable and loves shopping.
- She is a literature teacher and past principal who left a memorable impact on many of her students.
- She loves literature so much that as principal, she would often fill in on literature classes when the respective teachers were absent.
- She is truly an inspiration and she believes in empowering, strengthening and motivating young women.
- Mrs. Reynolds understands the value of discipline. She prefers to be respected than to be liked and has the best interest of her ladies at heart. Though she is strict, that strictness originates from a place of love.



Dear Mrs. Reynolds,

The home of phenomenal women welcomes you. May you be ever so inspired and impacted by the very lives you've been tasked with nurturing and changing. May you be empowered as you watch us blossom into young women ready to take on the world. As you begin this new journey with us, we ask that you buckle up and have fun as you learn more about what this place is and what it means to us. Immaculate is our home away from home and as you've been tasked with caring for this noble institution; remember the love and the sacrifice that many others have placed into our home. We hope that you aren't daunted by our demands and that you are excited to see where the future leads with us.

WELCOME

from the Vice Principals

EMBRACING CHANGE: EXPLORING NEW FRONTIERS!!

The calendar year 2020 is turning out to be a year of challenge, creativity, contemplation, curiosity and change. Many of our plans and goals have been abandoned, revised or adjusted because of the apparent uncertainties and unusual circumstances surrounding our lives and the world at large. THIS however, is the start of another school year here at ICHS, in circumstances that are different, curious, challenging yet exciting!! As a school we are no strangers to change and challenge. We will continue to strive and thrive, no matter the circumstances. Let us therefore embrace the change and explore the new frontiers presented to us at this time, while building strong, enduring, fair and loyal bonds. Let us go forth as one united family, living our school motto: AD ASTRA PER ASPERA!

- Ms. Brigette Pinto, Vice Principal



Greetings my ICHS family!

What a pleasure it is for me to be able to communicate with you via this medium! Welcome to everyone, especially to all our new students, parent(s)/guardian(s), teachers and other staff members. It has certainly not been the easiest of times for all of us. Since March 12th of this year, school has definitely not been the same without us, the stakeholders, being afforded the opportunity to interact in the way we were accustomed to, whether it be through work or "play". Let us not lose hope however, but continue to be sources of strength, encouragement, support and joy for each other. Saint Paul, in his Letter to the Romans (15:13) prays, "May the God of hope fill you with all joy and peace as you trust in Him." May we be mindful always that God is with us, regardless of the challenges or circumstances.

I would like to say a heartfelt "thank you" to everyone who played a part in producing this Newsletter which provides a well-needed medium through which we can stay connected. It demonstrates not only your amazing talents but also your love, dedication and commitment. Let us continue to work together and reach out to each other in simple and tangible ways.

I wish for everyone a healthy, safe and successful academic year, 2020 - 2021.

-Mrs. A. Hitchener, Vice Principal



WELCOME

from the Home and School Association

Happy school year to our New and returning Parents and Students!

You have joined a school community with over 160 years of tradition in excellence. The HSA Executive recognizes the generations of students who have left our halls with that famous "Mac Girl Magic", knowing that our young ladies, will also join the cadre of women at the top of their profession: leaders in commerce, science and technology, service and the arts, making their mark in Jamaica and the world. There are many challenges, but challenge is nothing new and nothing to fear. Our school motto says it all: Ad Astra per Aspera - through difficulties to excellence. WELCOME TO "THE HOME OF PHENOMENAL WOMEN."

-Mrs. Ava Blake, HSA President



STRONGER TOGETHER, PHENOMENALLY RESILIENT

a message from the Prefect Council

Message from the Head Girl

Greetings to my Immaculate family! I am delighted to interact with you in this inaugural edition of the ICHS Newsletter. I would like to thank all the ladies of the Journalism Club and the Prefect Council who have worked tirelessly to initiate this endeavour. I am so appreciative to have been given the privilege to serve as your Head Girl and help debut this new channel of communication to the school. This will definitely be a unique and historic year, but despite the challenges, we look forward to creating opportunities for growth and development. With the Lord as our guide, let us all work together to be phenomenal women in every aspect of our lives.

- Dana Theoc, Head Girl



Message from the First Deputy Head Girl

Hi everyone! It's wonderful to be able to welcome you all to the new school year through this new platform. It has been a difficult year in a variety of ways for many of us, however, I would like to take this opportunity to assure you all that we can make it through, with God (and all safety procedures) at our side. This year, we want to ensure that no lady or member of our school family is left behind, and I look forward to interacting with you all on one platform or the next as we move forward this school year.

- Amanda Whyllie, First Deputy Head Girl



Message from the Second Deputy Head Girl

It is indeed my honour to welcome the entire Immaculate family to another school year. The year 2020 has truly taken us all by surprise however I am grateful that God has preserved us thus far and I am confident that he will continue to do so. I would like to extend a special welcome to the newest members of our school family, our principal, Mrs. Reynolds and all the phenomenal ladies who joined us at each grade level. I look forward to the great things that God has in store for this year as we weather the challenges together, through difficulties to excellence.

- Lindsay Case, Second Deputy Head Girl



WELCOME

on behalf of the Students' Council

On behalf of your Students' Council body, I would like to extend a warm welcome to all new and returning ladies of the Immaculate Conception High School. This year has challenged us to step out of our comfort zone; initiating a greater sense of innovation and creativity which has propelled us farther ahead of where we anticipated that we would be. Whilst this year has commenced with many challenges, I implore you ladies to be resilient and excellent, in efforts to make the best of this year. Strive to ensure that you do not succumb to the trials you have been faced with. As students, we must use this situation to empower us to work harder and be better. As we traverse this year, we must acknowledge that collaboration is the order of the day, **do not** hesitate to ask for help where you need it; assistance is there if you may falter.

This year the Students' Council has centred its focus on ensuring that the ladies of Immaculate experience as much normalcy as is possible in light of the current climate of COVID-19 and all the adjustments that have to be accommodated. The council is the voice of each phenomenal lady within this institution. We effectively act as a catalyst for change by incorporating the students' voice in all decisions that affect them, in an intentional and meaningful manner. Throughout this year, be cognizant of the role your Students' Council plays in your life here at Immaculate; airing your concerns and interests. We take great pride in partnering with all students, supplying a voice to the voiceless.

I urge all ladies to aim for the stars, never become comfortable! As our school motto says, *Ad Astra Per Aspera*; through difficulties to excellence and don't forget, **RESPONSIBLE STUDENTS MAKE THE DIFFERENCE.**

Ree-Anna Robinson
Students' Council President (ICHS)
National Public Relations Officer (NSSC)
YMP (St. Catherine Eastern)
U-Report Youth Council



DAVIDICA

1. To be a Dav girl or Davidican is to have loving cheerful and supportive persons around you. No matter what, through failures or victories you will always have someone in your corner cheering you on. To be a Dav girl means being a part of a family full of laughs and good vibes, having fun whether you're a supporter or a player, even if we aren't the best at participating. It is also about being bold, hardworking and determined to do anything for their house.

2. Dav is known for our vibes, gimmicks, sportsmanship, support and our cheerful attitude.

3. Our positive and supportive energy, and the way how we always try even when it seems impossible are what makes Dav stand out from the rest of the houses.

4. Three words to describe Dav is that we are determined, supportive and welcoming.

5. The current grade 7s will definitely look forward to Dav's house meetings, our amazing cheers, of course the house competitions, our Dav Week and also our cheer offs that we have with other houses.



FRANCISCAN



1. To be a Fran girl means to be dedicated, passionate and involved in the many activities that take part at Immaculate. Despite being the smallest house, we want to show that we can do what we put our minds to even if it seems impossible. To be a Fran girl means to have a positive attitude towards everything and everyone, while doing the best we can with what we have.
2. Fran is known for winning the inter house swim meet every year as well as our brown girl magic !
3. Showing up and showing out in our trendy cheerleading costumes Fran stand out from the rest of the houses ; we likkle but we tallawa.
4. Three words to describe Fran is that we are Resilient, underdogs, fighters.
5. The current grade 7s will definitely look forward to Fran's house meetings, our amazing cheers, of course the house competitions, our Fran Week, a strong sisterhood and vibes on top of vibes in our cheer meetings.

IMMACULATA

1. To be an Immaculata girl means to always do your best even if the odds are against you. It means to stare right into the face of adversity and always have fun, no matter the outcome.
2. Immaculata House is known for its continued excellence in the Performing Arts (Drama & Music Competitions) and its high spirited girls that never give up. We always come into a competition-ready for battle and our tenacious demeanour always sparks some type of conversation amongst our peers.
3. The Immaculata can definitely be described as 'loud', 'determined' and the most frequent 'fulla vybz'.
4. The current grade 7s can definitely look forward to endless support and love from their fellow housemates because we don't only look at them as persons to help us to win competitions; we look at them as our little sisters that we want to make good memories with. They can also look forward to winning multiple competitions, that's for sure!



JOAN OF ARC

1. Well, to begin Joan girls aka, "The Sunshine Girls" are one resilient and perseverant set of young ladies. Joan of Arc hasn't always been the top house but trust me that doesn't stop us from putting in our one hundred and ninety nine percent into everything we do and every event we take part in.

2. Joan girls may not be the best on the track but on that mic though, expeditious. All houses fear Joan of arc because they know that every time, we hit that stage if its singing or dancing or drama they know we are always carrying home the trophy.

3. However when we fail, we keep our chin up , our chests raised and our heads held high with poise , confidence and diligence while being genuinely happy for others. We are aiming to step one foot higher into becoming the best versions of ourselves every time .

4. Three words to describe Joan is that we are Perseverant ,Resilient ,Fearless and God fearing.

5. The current grade 7s will definitely look forward to Joan's house meetings, exotic and unique cheers. To the endless house spirit, to the best and hospitable and welcoming leaders..



ROSE OF LIMA

1. To be a rose girl means shining bright in the face of adversity, defeating all odds against you and making the best of any situation. It means to be kind, fair and true to yourself no matter the circumstances.

2. Rose of Lima is known for being one of the 'under dogs' that will surprise you in competitions.

3. This house stands out because we are a true family we support each other whether we win or lose and we always look out for one another.

4. Three words to describe Rose of Lima are Perseverant Courageous and Fearless

5. The grade 7's will have tons to look forward to even though we're still adjusting to COVID we plan to have house bonding activities and hopefully future house competitions. From this they will learn the true meaning of standing out and succeeding even when the odds are against which will follow them throughout life and help them to handle difficult situations in the best way possible.



ST. CLARE

1. To be a Clares girl is to be a woman who continuously perseveres even when it looks like there is no hope of winning. It also mean that you are part of an impeccable team with other outstanding and brilliant women who are always ready and willing to help each other out.

2. For the past few years my house has been known for having many outstanding athletes in all the sports we participate in and also many talented actresses and musicians.

3. My houses stands out for the simple fact that regardless of whether or not the odds are in our favor, we never give up and we always strive for excellence.

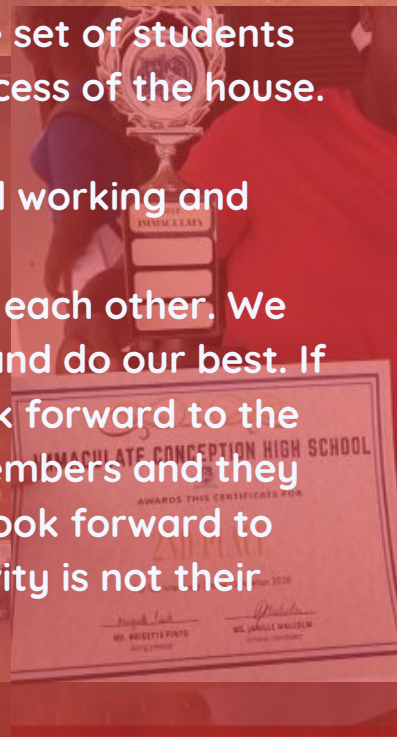
4. A few word to describe Clares are : Perseverance, full of vibes, multifaceted .

5. The grade 7s can look forward to cheer offs with fran, the nice cheers and the ability to participate in house competitions because we ensure Clares girls in all grades have an opportunity to participate in events.



ST. TEKAKWITHA

1. To be a Tek girl is to be a strong, dedicated, hard-working and high spirited girl. Tek girls are very passionate about their house and always tries to give 100% in every and anything they do.
2. Tekakwitha is known for being versatile, creative and its strong loyalty among its members.
3. If you ask anyone to describe Tekakwitha, the first thing that comes to mind is a unified family. The house is made up of a diverse set of students who excel in different areas which all contributes to the success of the house.
4. Three words to describe Tekakwitha are unified, hard working and determined
5. Tekakwitha girls are very welcoming and supportive of each other. We always push each other to reach out of our comfort zones and do our best. If they become apart of the Tekakwitha family, they will look forward to the fun house meetings, becoming part of the high spirited members and they will develop a love for the house like no other. They will look forward to participating in the annual competitions even if the activity is not their strong suit.



THE IMMACULATE CAMPUS MINISTRY

The Immaculate Conception High School Campus Ministry is a vital part of the school's informal curriculum which seeks to prepare and build students into the ideal citizens of Jamaica. Its vision is to provide an environment where goodness and honesty are exemplified and promoted, where spiritual development is encouraged and nurtured, which in turn will generate capable, honest, compassionate and meek individuals. Overall, all activities within Campus Ministry help the students to build good character and instill good Christian values, such as kindness, humility and selflessness, all good traits of a phenomenal woman.

It aims at:

- Fostering a more unified Christian environment.
- Bringing together faith and work.
- Encouraging ecumenism and fellowship within each form.
- Providing a day of personal reflection.
- Exposing students to public forms of worship.
- Offering time for one to get to know the inner self.
- Offering individual prayer time to deepen one's relationship with God.
- Fostering and promoting spiritual growth among Catholic through regular fellowships and meeting.

The Campus Minister is coordinator for four main areas:

- Outreach
- Days of Recollections
- Services
- Ministry

Outreach

In Ministry and Outreach, students of Grade 8 through 13 visit different organizations to offer their services. This means direct service though interaction with participants. Organizations visited are Salvation Army School for the Blind and The Bustamante Children Hospital, with great intention to add a third, Ozanam Home for the Aged. This is done on Mondays, Wednesdays and Thursdays of each week.

Days of Recollection

The Days of recollection are offered to all grades and provide students with an excellent opportunity to develop their personal relationship with God. Days of recollection are held in the first and second terms of the school year at the convent. Sisters, as well as specially invited guests, work along with the girls to make the day an inspirational, faith building and spirit filled one. Recent themes include "My Journey", "The Kingdom", "Jesus as Person, Friend and Lord", and "Knowing God through Life Experiences and Relationships".

Motivational and inspirational speakers include the Reverend Father Kingsley Asphall, Reverend Father Peter Mc Isaacs, Mrs. Regina Wong and Reverend Father Tom Frink. During the Days of Recollection the Campus Minister has two major responsibilities:

- monitor students to ensure that discipline is maintained.
- facilitate through sharing and encouraging students to share.

Services

It is the responsibility of the Campus Minister to plan and/or offer:

- Second Fridays' Masses and Denominational Services
- Graduation Mass, for students who are leaving.
- Cards for Special Occasion and otherwise
- Prepare a termly Newsletter
- Lunchtime Prayer (Students and Teachers)
- Spiritual Guidance for both students, teachers and parents
- Liaison with Homeroom for planning Long Homeroom Activities.
- Provide input to class planning Feast Day Worship

Ministry:

- Availability to students, teachers and parents
- Availability of place for spiritual rest.
- Raising students' spiritual awareness through Bible Verses/Inspirational thoughts on Bulletin Boards.
- Minister to the sick or grieving (through Grade Reps., Nurse, Home Room Teachers, Staff) Send card to them in hospitals, flowers, etc.
- Form an active Catholic Students Movement, which will meet on regularly basis.
- Sit on "Crisis Team"



MUSIC DEPARTMENT

The Music Activities at the Immaculate Conception High School are varied and interesting. The Music Department provides students with a foundation of Music Literacy in the Class Music Course that is offered during the first two years of school in Grades 7 and 8. The Extra Curricular Music Programme gives students the opportunity to further advance in their music knowledge and in their ability to sing and/or play an instrument. Music is taught as an intellectual discipline that assists the students in developing their analytical skills, creativity, imagination, and their spirituality.



The Music Ensembles in the Department are the:

Concert Band

Glee Club

ICHS Chamber Ensembles

ICHS Symphony Orchestra

Pop Band

Steel Band

Essence of Praise Gospel Choir of the

Inter-Schools Christian Fellowship or

Inter-Scholastic Christian Fellowship

(ISCF) Youth Ministry

Vintage Pop Band





BUSINESS DEPARTMENT

The business department at the ICBS comprises of five teachers namely, Mr. Pitterson (HOD), Ms. A. Morris, Ms. S. Sinclair, Ms. D. Forbes and Mrs. J. Ewen-Cole.

Together, we offer Economics, Principles of Accounts and Principles of Business at the CSEC level and Accounting, Economics and Management of Business at the CAPE level. The department seeks to develop young ladies who are intuitive and creative while enhancing their entrepreneurial ability.

This, we believe, will transcend into the wider society where persons are not just trained to be employees but to hone their skills and eventually become employers. Already we are seeing this vision bearing fruits as, while evidence is anecdotal, several of our past business students are now owners of businesses both physically and on social media.





HUMANITIES DEPARTMENT

The Humanities Department is one of the most diverse departments at the Immaculate Conception High School as it comprises five disciplines: Caribbean Studies, Sociology, Social Studies, Geography and History.

The department comprises of ten (10) members of staff which teaches across the various disciplines. Mrs. Marsha McIntyre is the Head of Department and a teacher of History. Other teachers include Ms. T. McDonald (History), Ms. S. Thomas (History), Mrs. W. Ellis (History and Carib Studies) and Mr. Thompson (History and Carib Studies). Teachers of geography are Ms. L. Cowans, Mr. O. Haughton and Mr. S. Pitter (Geography and Caribbean Studies). For Sociology and Caribbean Studies is Mr. O. Spence.

The MAIN goal of this department is to facilitate the students attaining success at each grade level and securing grade 1 passes in the CSEC and CAPE (external) exams. It is our responsibility to encourage students to embrace the various subject areas in the Humanities Department and to aid them in garnering and expanding their knowledge, comprehension, gifts and abilities; and to master the various skills of explaining, analyzing and research, in order to ensure their holistic development.



COMPUTER STUDIES DEPARTMENT

The Computer Studies Department consists of Information Technology (Grade 8-13), Computer Science (Grades 12 and 13) and Digital Media (Grades 12 and 13). Studies, Sociology, Social Studies, Geography and History.

The department comprises eight (8) members of staff which teaches across the various disciplines. Mr. Jeremy Allen (Information Technology and Computer Science), Mr Cleon Barrett (Information Technology) ,Mrs Karla Bravo (Digital media) ,Ms. Denese Forbes(Information Technology) ,Mrs Jheanell Jones(Information Technology up to CAPE), Mr. Martin Leslie (Information Technology and Digital Media), Ms. Daniella McGillvary (Information Technology up to CAPE) ,Ms. Samantha Miller(Information Technology).

We are living in a digital world with digital citizens, and so, it is very important that we introduce aspects of Information Technology to our ladies at Immaculate Conception High School as early as grade 7. In grade 7, Students focus mainly on Information skills and typing, this aspect is facilitated by their library teacher.

At grade 8 students are introduced to Information Technology as a subject. Students at each grade level are consistently given both theoretical as well as practical assignments throughout the year. Information Technology is a compulsory subject up to grade eleven (11) and all students are required to sit the CSEC exam (Paper 1 and 2) that is normally set for June of each year.

At the end of grade eleven (11), students should not only be able to pass the CSEC examination but also be able to manipulate the following tools comfortably: PowerPoint, Microsoft Word, Microsoft Access and Microsoft Excel.

They should also be able to write procedural codes using the Pascal language. In grade 12, Information Technology is no longer compulsory. However, for the students who want to continue in the field, they are given the option to choose among the subjects of Information Technology, Computer Studies and Digital Media.



ENGLISH DEPARTMENT

The English Department is one of the most prestigious departments at the Immaculate Conception High School as it comprises three disciplines: English Literature, English Language and Communication Studies.

The following are some of the activities that The English Department has used to enrich the development of the students and to make Immaculate Conception High School the preferred all girls high school in Jamaica and to improve the lives of our students and teachers.

The Immaculate Conception High School English Department created history in the 2019 CSEC English Language Examination where ALL 246 students who sat the exam received a Grade I. (We are number one!)

1. Members of the department are instrumental in organizing and implementing our Staff devotions on Wednesdays.

2. Members of the English Department have guided the girls at Denominational meetings contributing to their spiritual development

3. Members of the Department are moderators of clubs such as "Between the Pages", (Immaculate's combined Reading and Writing Clubs), and The Drama Club among others.

4. Our hardworking team has also worked with The School of Education, Mona Campus to facilitate our students' participation in the annual National Poetry Recital Competition - "Talk the Poem" which usually run from January - March. To achieve this, we host an internal competition where our members participate/support by being judges, moderators and providing hospitality and decorating the venues. The top three students from this competition move on to the County level; the top five finalists from the county level, compete at the national level. Our students have competed and won at the national level.

5. The English Department is also an integral part of the annual Intra -Grade Quiz Competition where we provide questions and answers for all participating grades.

6. The English Department has also facilitated students' participation in the annual staging of the Rita Marley Foundation (JA) Essay and Public Speaking Competition. Through this avenue students have had the opportunity to engage in discourse with academic giants such as UWI's Principal, Professor Dale Webber and University of Technology (UTech) president Professor Stephen Vasciannie. The Rita Marley Foundation also treated the students to a tour of The Bob Marley Museum and performances by Percussionist Bongo Herman thus expanding their horizons.

7. The Department has facilitated our students' exposure to the Performing Arts as we routinely expose our students to live performances of plays and recitals.

8. Members of the English Department are committed to contributing to the development of our student leaders by moderating the Prefect Council and the Student Council. Through these two bodies we aim to build character and foster the growth of leadership skills in our students.



SCIENCE DEPARTMENT

Immaculate Conception High School is recognized by the academic prowess of its students, most of whom choose to pursue the sciences at the CSEC and CAPE level.

“ My journey of discovery only began in Grade 9. I was in some way awakened and invigorated to truly learn and understand STEM concepts because I found them interesting rather than for the sake of securing two extra marks on an upcoming test. The most significant way I contributed is through STEM-CCT (STEM-Critical and Conceptual Thinking), a newly formed club of which I assumed the role of president in grade 13. When promoting the club on sign-up day, I realized that despite more than half of Immaculate’s population doing the sciences in school, they were highly reluctant to gain experience beyond the scope of their syllabus. After all, science is more than a secure career, or rigorous path to riches; it is an art in and of itself meant to be explored with passion and an intent to learn rather than an obligation to conquer.

Immaculate provides an amazing platform to get involved in STEM, there are a few other groups much like STEM-CCT which examine niche aspects of STEM such as SETH club, Computer club, and our flourishing robotics team, it is just up to the individual to seek out the vast opportunities the school has available. The teachers at Immaculate are glad to help students cope with course content and even more so to help grow innovative thought. It is easy to approach them with ideas which deviate from what we learn in class, and they will do their best to assist you with them. I can safely say that this school has played a fundamental role in my development and has opened many doors for me, I just had to answer when the opportunity knocked and work hard to keep it there. To students of science, I have some advice: enjoy your journey and ensure that you feel inclined to learn more rather than exasperated at the thought of performing beyond than the minimum standard.

Take pride in the quality of your work and your understanding of science. I assure you that this very understanding is what will travel with you throughout your years, not your high school report card reflecting that you have managed to pass the course. With love for what you are doing comes the will to do it better and an attitude which lowers resistance to knowledge. Throughout my years in high school, I have seen tremendous growth in Immaculate’s active participation in STEM, be it through competitions, clubs, initiatives, or just the general respect it is afforded in the school community. Based on this I can confidently say that their efforts to bring their students the best quality of education and a great support system will grow rapidly in the future.

Shyamaleeswari Dayanandan
Founder of the STEM CCT Club

CAREER AND SCIENCE

STEM-CCT



The STEM-CCT club provides a supportive and engaging environment for the fostering of young minds in STEM. We strongly believe in the building and molding of innovative female minds which will undoubtedly break glass barriers and provide feasible STEM solutions to the complex problems we face in today's world.

Immaculate Conception Environmentalists



ICE is a really cool team (No pun intended) that serves to educate, uplift, preserve and maintain the environment. This is not just a club, we are a family that works together to fulfil our Godly purpose, taking care of the Earth.

Aviation Club



Aviation Club is all about promoting the endless possibilities in the aviation field. We have realized some females feel intimidated stepping into male-dominated fields such as engineering and science overall, aviation is no different. However, we aspire to inspire young women to break the glass ceiling, to strive for the highest goal no matter how society may tell them that it is unattainable.

Engineering Society



A good engineer is able to tackle any problem thrown her way because she is a driven and tenacious team player! Here, at the ICHS Engineering Society, we aim to inspire that engineer. That girl who always pulled apart her machines/toys to remake them or even the girl who just learned about engineering a few weeks ago. Everyone is welcome and everyone can find their engineering niche with the ICHS Engineering Society!

Robotics Club



The Robotics club mainly focuses on S.T.E.M and the field of robotics as well as everything co-related to it. We teach and build on areas such as programming, engineering, technical writing and CAD (Computer Aided Designing). We are a group of driven females dedicated to bringing honour and respect to our school.

Gardening Club



We are Farmers!
The Gardening Club welcomes all returning and new students, to whom we wish a prosperous academic year, to a new year at Immaculate. For the returning students, we are sure that you have passed our garden patch, plowing away at the soil. So how will we do this virtually? We're gonna continue gardening from home. Hope to see you all there!

Animation and Graphic Design



Here, we teach students how to animate and about the different aspects of animation and graphic design!

Immaculate Society of United Mathematicians



In ISUM, we aim for all our members to develop an appreciation for Mathematics while having fun. We play games, do fun challenges and have important discussions. We are like a big math-loving family and the most important part is, you do NOT have to be good at math to join! We promise you won't regret it!

Medical Educational Development Club



The I.C.H.S M.E.D Club is a student led effort to educate and sensitize other students about everything related to medical education and development by finding and innovative ways to bring across anything and everything that will help to grow student's knowledge on the medical field.

SPORTS

Swimming



2017-2019 ISSA Swim Meet: 1st Place
Secondary Sch. Swim Champs: 1st place
Mayberry Investments Meet: 1st place
Many members have also represented Jamaica at different competitions such as CARIFTA, CCCAN, Pan American Games and the Junior Olympics.

Netball



We are a club that plays and participates in ISSA's Urban Netball competition each year. The club is coached by Coach Terrence Peart. We are a group of people who share a mutual interest in the sport and work together to get better at it. We are not only a team but also a family and stand by and cheer each other on, both on the courts and off the courts.

Table Tennis



The Immaculate Conception High Table Tennis club is a sports club dedicated to playing table tennis. Our coach is Mr Li and our faculty advisor is Mr Ross. The ICHS Table tennis team consists of two teams: Under 16 (U-16) and Under 19 (U-19) teams both of which partake annually in the ISSA Interschools competition.

Lacrosse



Come reLAX with us on Tuesdays and Fridays afterschool. Lacrosse is a relatively new sports club at Immaculate starting only three years ago with a team consisting of 20 players and a squad of up to 50 members from all grades. From lacrosse enthusiasts, to students who had nothing to do on a Friday and even Teen Wolf fans, we have it all.

Waterpolo



Many Immaculate girls have represented Jamaica internationally at tournaments such as CARIFTA, South Florida and The Pan American Games

Artistic Swimming



Artistic Swimming formerly and more commonly known as synchronized swimming is a hybrid sport combining swimming, dancing and gymnastics to create beautiful pieces. This sport gives you a sense of community and allows you to build great friendships because it is a team sport. Even though we are unable to be in the pool right now we are still working together to host meetings and get creative.

Track and Field 'ICHS Wolves'



Lawn Tennis



Team Motto: Hustle Mode On!
We are a group of phenomenal women striving for excellence in our sport.

Hockey 'Blue Panthers'



Badminton



The ICHS Badminton Team is one of the top badminton teams on the island with outstanding history in the school's league island wide.

SERVICE CLUBS

Angels of Love



Are you looking for a fun and interesting club to shine your immaculite? Do you like helping others in need? Well Angels of Love is the perfect club for you. Angels of Love Jamaica is a non-profit organization dedicated to providing hope, love, peace, comfort and prayer to people in need. Help us spread the love.

Girl Guides



Meet Girl Guides! As guides we strive to perpetuate the mission of our founders as well to holistically embody our motto; "Be Prepared". Guiding is a remarkable experience that serves to transform the lives of girls, supporting and empowering them to achieve their fullest potential and become responsible citizens of the world. Join Girl Guides to unlock your guiding potential!

Operation Help The People



SERVICE CLUBS

Girls With A Cause



Do you love helping people? Do you like seeing a smile on someone's face? Are you a girl with a Cause? If yes, sign up for Girls With A Cause right now. Girls With A Cause is a service club geared towards shedding light and bringing awareness about diseases, illnesses and medical conditions. We meet every tuesday from 2 to 3pm.

Interact Club



The Interact Club is an internationally recognized Rotary sponsored club aimed at encouraging students to engage in meaningful service to give back to the community and to raise awareness about poliomyelitis and ultimately to eradicate the disease.

Our motto: "Service Above Self",

Junior Optimists International (JOI)

Welcome to all perspective and returning members! In these disheartening times it can be easy to only see the negatives as we've been away



from school, miss our friends and are getting tired of our houses but let us bring out the optimist in you by giving you a dose of JOI! Junior Optimist International is a global service club in which members learn about and practice good citizenship, teamwork, communication, and money management.

Key Club



Key Club is the largest international student-led service organization in the world. We dedicate ourselves to service and our members make the world a better place through service. Despite the circumstances, we want to continue doing service projects in innovative ways that eliminates crowding and meeting in large groups.

Red Cross



"Serve one another" Join us on Tuesdays, 2-3 p.m to be a part of an amazing humanitarian organization.

Junior Activist Movement



Motto: Diverse Voices, Better Choices
Welcome to the new school year! Even though with COVID quarantine measures keeping us inside, we'll definitely have a lot of fun with open discussions, activities, guest speakers, and our newest feature, a video podcast! Come out this year and show us how your diverse voice can lead to a better choice!

United Nations



Model United Nations seeks to educate and inform the girls of the immaculate Conception Highschool of what is going on in our world and extend our minds beyond our community. It is Model United Nations' job to expose the girls to this in fun and creative ways whilst still upkeeping the formation and values of the United Nations.

Protection of Animal Welfare Society (PAWS)



PAWS is a club prioritizing knowledge about animals, their habitat and way of life and helping the greater good by protecting and helping them. Humans have gradually affected animals and as such, we try to defend those which cannot defend themselves.



EDUCATION & SKILL

Modern Languages



The Modern Languages Club (MLC) is a means by which cultures are united by one of mankind's greatest forces: language. This club is for students that enjoy learning languages, exploring various cultures or simply need a space to share interests. We will continue to share our interest with the languages of the globe with anyone willing to listen.

Between the Pages



At 'Between the Pages', we share our common interest and passion for books and reading. We also focus on the flip side of books - their creation. The carefully meditated string of sentences that hooks readers and leads them to flip hundreds of pages. Between the Pages provides a space for readers and writers to explore, build and connect through their passion.

Debating Society



The ICHS Debating Society welcomes the Immaculate family to another school year. Here, we each you to not just raise your voice but to improve your argument. Here in the debating society, we not only showcase our talent but we also help others to develop their critical thinking as well as argumentative skills. Join the sisterhood as we grow and learn as the future leaders of tomorrow.

Japanese Culture Club



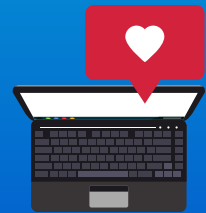
“自分の言語の限界が、自分の世界の限界。”
“The limits of my language are the limits of my world.” If you like anime, enjoy Japanese music or are interested in a new culture, JCC is perfect for you. While we do teach you the Japanese language, we also use Japanese entertainment and games to learn and reinforce new vocabulary. The focus is not just on the language however - but also about Japan's rich culture including their unique customs and history.

Guitar Club



The ICHS Guitar Club is a group that engages students in learning how to play guitar and other necessities needed to do so. Students will gain basic music knowledge, be able to build their musicality and learn an instrument at the same time. Our hopes are to have the opportunity to play at more events in the future while expanding the club.

Computer Club



Computer Club's primary goal is to teach its members about how past technologies and mechanics have impacted the present and how those currently being used will affect the future. This is why the club's motto is - Leave your digital footprint! Activities for this term/semester include making trailers and teaching about technology in the 80s and 90s. If these pique your interest, then join the fam to know more!

Chess Club



Also the winning team for the 2017 AYCF America Youth Chess Foundation Grand Championships, chess club focuses on teaching students the fundamentals and strategies behind chess,



EDUCATION & SKILL

Jamaica Automobile Association



This is a club that is related to everything automobile, including the rules of the road. Come out to our meetings to learn more!

Spanish Club



¿Te preguntas a qué club participar?
Wondering what club to join? COME JOIN THE SPANISH CLUB. Be a part of a sisterhood that is enthusiastic about the Spanish language! From music to culture and everything in between!"En nuestro viaje hacia la fluidez y el éxito, no existe gran talento sin gran voluntad "On our journey to fluency and success, there is no great talent without great will!

Sixth Form Association



The Sixth Form Association is a body which awards sixth form students, especially those who are not Prefects or Student Councillors, a chance to be leaders in the school through the Big Sister- Little sister program and outreach. We encourage fellowship among sixth formers as newcomers are welcomed to the 6th form life!

Tutoring Club



We are the ICHS Tutoring Programme and our motto is 'Sisters helping sisters strive' because that is exactly what we do. We are a body of sixth form students who offer tutoring services to our fellow lower school sisters and also to children of external institutions! We aim to make this year even better, despite the current situation; we would love it if you could be a part of it!

Honour Society



This is a club that is consisted of the school's top performers that were on honour roll for three years or more!

Heritage Club



The Heritage Club's main focus is to highlight the importance of each and every culture's diversity and beliefs. We make it our duty to show the wonderful ladies of immaculate that nothing is wrong with being a little different and that they should embrace it! We are the masterminds behind some of Immaculate's biggest events, for example, The Heritage week, Heritage Day and last but most definitely not least Jamaica Day.

Sign Language Club



We are The ICHS Sign Language Club, no not club...FAMILY!! We not only learn sign language for our own personal development but also perform and entertain!! We have performed at many ICHS events. Don't miss this great opportunity to learn this HANDY language. You'll make amazing friends and get out there! It's useful, exciting and FUN! Why wouldn't you join?

Tourism Action Club



The Tourism Action Club (TAC) is a body of students from secondary and tertiary institutions who meet to participate in activities that are designed to encourage a greater awareness of tourism-related issues. The Tourism Action Club participates in a number of activities yearly, and The Jamaica Tourist Board usually promotes tourism-based competitions that we often encourage our members to participate in.

I-Enter



At I-Enter we are dedicated to informing the school body about various beneficial competitions, scholarships and events available both local and international in the hope that they will participate and continue "Raising the ICHS banner Near and Far ". You will be notified about various events, workshops, and seminars, where you can experience new things, new people and expand your overall knowledge. Add to your list of wins!

SELF DEVELOPMENT

Business & Self Development Club



Business & Self Development Club prides itself in providing a fun, interactive and safe space for the young ladies of Immaculate to acquire knowledge all about becoming powerful businesswomen in a male-dominated field. We also aim to teach the ladies that life should not just surround your career as your health and wellness are pivotal to your development into a young woman.

Productivity Club



The club's main objective is to introduce teach students about the concept of productivity and time management. We hope to inculcate a culture of productivity, innovation, entrepreneurship and teamwork among students so that they can become champions for productivity and innovation. Work without play makes Jill a dull girl. So, let's make Jill a successful girl by joining the productivity club.

Emerging Global Leaders Jamaica



The EGLJ is a youth leadership organization aimed at identifying and training persons who have the potential of becoming instigators of change through leadership, to become Global Leaders.

Christians in Action



We are a small family of students who love to worship God, learning His Word and teachings. Jesus called us to serve and this is how we start our mission in living a life that Jesus wants us to live. Our club is based in Catholicism, but all denominations are welcome!

Inter-Schools Christian Fellowship

The Inter-School Christian Fellowship (I.S.C.F.) is a youth ministry that is not only present at Immaculate, but at many other Jamaican high schools. Our motto and aim is "To Know Christ and to Make Him Known", and we strive to achieve this aim in various ways. Games meetings, 'interclubbings', ISCF Week, testimony meetings, prayer meetings and ministry meetings are just some of the many impactful activities that we have had in the past. While the format of these meetings will be restructured this year, we promise to maintain the friendly and interactive atmosphere as traditional I.S.C.F. events.

Health & Wellness Club



Essentially, "A state of complete physical, mental and social well-being", encapsulates the definition of both Health and Wellness. With that being said, this club doesn't only cater to the physical, mental or social welfare of our members, but as a family, we also care for the environment.

Youth & Empowerment Club



We are a club that focuses on activities, initiatives and programs that will encourage the students to take charge of their life. We work to strengthen each other as individuals to implement a change for the better by assisting youths in gaining authority and providing a helping hand when needed. Join us and become the game changer!!!

Sixth Form Fitness Club



Fitness! Witness the greatness!" We are a club consisting of only sixth form students who train and work together to get in better shape, with one common goal: TO GET FIT! We also have the support of girls that motivate us to keep exercising even when it gets tough. We train both physically and mentally keeping emotionally stable seen as the club is a safe zone and judgement free space.

Savings Society



"Investing today for tomorrow" The I.C.H.S Saving Society is a club geared towards teaching students about financial stability and financial independence. Students are allowed to open a savings account with C.O.K through our C.O.K Representative and can deposit their savings during meetings or on their own time. Members are informed on budgeting, student loans, home and car ownership among many other topics financially related.

VISUAL AND PERFORMING ARTS

Art Club



Art Club is focuses on self-improvements of our fellow artistic sisters. We encourage creativity and help improve artistic skills in terms of sketching and drawing, painting and crafting. We also encourage self-improvement in terms of becoming more confident in yourself and your artwork. We are also a relaxing club. To escape the stress of school and life, you can come to us for fun and relaxing games and activities to put your mind at ease.

Film Club



LIGHTS, CAMERA, ACTION! At film club we make films and make change by encouraging the creativity of our members, teaching them about the Jamaican industry, and engaging in fun discussions and film challenges.

Drama Club



Wah Gwaan? Unu alright? We are the ICHS Drama Club. We are a family that aims to foster togetherness while participating in different competitions that showcase our many talents, e.g. acting, designing, etc. We hope to continue learning more about Drama and opening up our minds to the endless possibilities that await us.

Photography Club



Want to learn how to capture memories and make them unforgettable? Do you just want step up your Instagram feed? Well, don't worry we have the perfect solution for you- PHOTOGRAPHY CLUB!!!! We will have fun games and challenges, informative teaching lessons and extraordinary guest speakers while guiding you into the photography world. Best part is you DON'T need a camera to join the club, you can use your phone!

"Click, take a pic, with the immaculate's photography club"

Dance Troupe



The dance troupe is a collective group of Immaculate Conception High's best dancers. We eat, breathe, and sleep dance. Entry to the ICHS dance troupe is done by auditions and each dancer has earned her spot in the troupe and by extension the family. The troupe also holds an annual show, showcasing our projects for the year. Our troupe does not only consist of present students but alumni who choreograph some of our amazing pieces. Once a part of the troupe, you will always be a part of a family both inside and outside of school. The troupe brings the entire school together as well as spread school spirit every chance we get.



COMING SOON

OPERATION EACH ONE, HELP ONE

1st Thessalonians 5:11

“Encourage one another and build each other up.”

Life presents us with many challenges but we should find comfort in knowing that we are a part of a supportive and helpful school family.

Club presidents, members of the prefect council, student councillors, and peer councillors will work together as a joint committee to give advice on the top three recurring concerns raised by the school body. This would be assessed with the use of a digital form in which students and members of staff can submit their concerns. For example: If a student or staff member has a hard time with organizational skills or time management they would simply go to the digital form, and state their concern. This concern would then be sent to the Each One Help One coalition. The joint committee will collate all the useful advice they can and then share it with the school body. The advice given would be reinforced with a passage of scripture to encourage the school body as well as ensure that God is at the centre of everything we do.

We understand that these are indeed challenging times and so your school family is here to help!

#ADASTRAPERASPERA #THROUGHDIFFICULTIESTOEXCELLENCE

DIRECTORY OF CLUBS & SPORTS

Name of Club	Google Classroom Code	Name of Club	Google Classroom Code
Angels of Love.....	4qmcazq	Robotics Club.....	n2jfsxu
Art Club.....	vd2n3d2	Savings Society.....	gyew4li
Artistic Swimming.....	jzfgksp	SETH Club.....	kqe2vmn
Aviation Club.....	4l5lt73	Sign Language Club.....	u4cekr3
Between the Pages.....	dluhxja	Sixth Form Association.....	e2h3dr3
Business and Self Development.....	titruj3	Sixth Form Fitness.....	3ono25g
Christians in Action.....	c4n5vnh	Spanish Club.....	qywcqrz
Computer Club.....	jkxouil	Steel Band.....	r6d7sm2
Debate Society.....	73o4xtk	STEM CCT.....	s3f3pic
Drama Club.....	rvws7rw	Swimming.....	r7zj45r
Engineering Club.....	dwmplysF	Table Tennis.....	q52gv
Film Club.....	qcdjygv	Tourism Action Club.....	rt4upta
Football Team.....	flwabqh	Tutoring Programme.....	j5xjc5d
Gardening Club.....	x2tqv7v	United Nations.....	mzrcrna
Girl Guides.....	c25ajgp	Waterpolo.....	gqn23lm
Guitar Club.....	cyp4hly	Youth Empowerment.....	4ywa7da
Heritage Club.....	ugjx5zj		
Hockey.....	dlmsxij		
ICE.....	l4upamr		
Interact Club.....	gtixg3c		
ISCF.....	mrlwt4u		
ISUM.....	ojq37xw		
Japanese Culture Club.....	74sp535		
Journalism Club.....	b63lkho		
Junior Activism Movement.....	7vmbcu3		
Key Club.....	e2xazj5		
Lacrosse.....	ey5oq34		
MED Club.....	qkkyeph		
Modern Languages Club.....	tvomy2n		
Netball.....	7ffepy6		
Octagon Club (JOI).....	cfysqld		
Operation Help The People.....	ksauvfo		
PAWS.....	osl3jig		
Red Cross Society.....	crttqul		

We would first like to honour our beloved Sr. Angella Harris, who inspired the creation of this newsletter.

To every young lady and member of faculty who contributed to this month's issue:

Mrs. Reynolds

Ms. Pinto

Mrs. Hitchener

Mrs. Holmes

Mrs. Thorpe

Candice Garwood

Leigh-Ann Johnson

Ree-Anna Robinson

Shymaleeswari Dayanandan

Club Presidents and Executive Bodies

Faculty Departments

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